



The College of International Holistic Studies

The College of International Holistic Studies is built on a firm foundation designed to synergistically blend the rigor of medical science with the time-tested power of alternative and integrated therapies. Our teachers are selected for their expertise and ability to blend both science and the art of healing. Each program is designed to provide you with the practical knowledge and experience to heal using real-world tools, as well as the consciousness to appreciate the metaphysical tools that our souls provide.

Certificate in Energy Medicine/Part One

CERTIFICATE CODE: CEM 101

Become a Professional Healer—Everything Is Energy:
In this FOUR-month program you will develop your natural ability to sense and channel energy to build your intuition, heal all levels of energy in others, and attract clients to your business.

The human body contains energy channels, known in Chinese healing as meridians, and in SANSKRIT as chakras, which collect and transport energy throughout the body and energy field. These energy channels can be utilized to sense dis-ease and to promote wellness. Everyone has one or two levels of natural energy awareness.

Janet Amare has been a professional healer since 1984 and will help you to understand your natural abilities and will help train you to expand your intuitive abilities and skills in channelling energy to others. By the end of the ten month course you will have the tools to begin your personal healing practice or to develop a coaching or counselling practice. Janet will work with you throughout the process to help you to assess and develop your personal skills for the work you choose to do.

Develop Your Discernment & Spiritual Connection 175 Hours of online lectures, videos and an optional in class day of Personal Coaching; Reading, and Hands-On, in-class practice (Over 175 hours in total)

MODULES:

DEM 101 Sensing & Using Energy
DEM 102 Building & Channelling Healing Energy
DEM 103 Hands-On-Healing Tools & Techniques
DEM 104 Understanding & Working with the Chakra System

EVALUATION:

Attendance at online, live lectures; watch independent study videos; in-class practice; reading; and submission of 3 case studies

PREREQUISITES:

- High school diploma
- Fluent in the English language
- Acceptance into the program is based on your personal interview with Janet Amare, the instructor, and answers to a short questionnaire. Book your appointment today.

DURATION:

175 clock hours over 4 months

CLASS TIME:

Live Class (optional): 10am - 3pm - 1 Saturday during 4 months

Live Online Virtual Class: TBA one day per month

Pre-recorded lectures on your own

The Course dates are to be determined. Generally, the course live video sessions will be held over an evening running from 7pm to 9:00pm on a few evenings per month. Additional content will be provided through pre-recorded lectures. A full schedule, as well as a reading list, will be provided once you are approved for admission.



INNOVATIVE LEARNING THROUGH **ONLINE** VIRTUAL CLASSROOM COURSES

Visit www.cihs.ca or www.naturalmedicinecollege.ca

to receive a **BROCHURE** with tuition pricing

Tel: 877-596-2368

Email: admissions@cihs.ca

Registered with Human Resources Development Canada #7009/8340 for Education Tax Receipts





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MODULE DESCRIPTIONS:

DEM 101 (Module 1, part 1) Sensing & Using Energy:

Using your body, third eye and hands to sense energy types, energy flow and qualities of different types of energy gatherers & emitters. Scanning & sensing energy in the human aura, & from a distance. Channelling colours of light & frequencies of sound.

DEM 102 (Module 2, part 1) Building & Channelling Energy

Learn how to gather energy into your energy field & direct it using light, colour & sound. Develop ability to sense energy blockages & channel appropriate frequencies to promote healing. Balance & overall well being. Open to intuitive insight to support energy channelling.

DEM 103 (Module 3, part 1) Hands-On-Healing Tools & Techniques:

Practice specific techniques to channel overall energy, clear congestion, inflammation & promote healing on the physical, emotional, mental & spiritual levels. Develop ability to sense, gather, direct & access energy in the human energy field.

DEM 104 (Module 4, part 1) Understanding & working with the Chakra System:

Seeing the body as a temple & using the chakra system to promote healing of neighbouring organs & systems. Sensing & channelling energy through the chakras & meridian systems.

PAYMENT OPTIONS (CAD\$):

- Full tuition due 1 month before classes start **\$800.00**

HOW TO APPLY:

1. *Register for this program by proceeding to Home Page Student Registration Button on www.cihs.ca or www.naturalmedicinecollege.ca*
2. *Pay your \$75.00 non refundable student registration fee which will entitle you to an education tax receipt and a Certificate upon graduation.*
3. *Contact Janet Amare for a 20 minute phone consultation at janet@janetamare.com*
4. *Send your registration form to Janet Amare.*

DELIVERY OF PROGRAM:

- The Course dates are to be determined. Generally, the course videos will be held over an evening running from 7pm to 9:00pm on a few evenings per month. Additional content will be provided through pre-recorded lectures. A full schedule, as well as a reading list, will be provided once you are approved for admission.
- T-2202A Tax Receipt will be issued if registered with CIHS prior to starting the course.
- Certificate will be issued from CIHS if registered with CIHS prior to starting the course.

CIHS does not guarantee job placement after completing any of our programs.



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